

Example Itinerary

Khmer Project in Cambodia

*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, needs of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the Grown-up Special programmes.

DAY NO.	TIME	ACTIVITY
Sunday, Day 1	ALL DAY	ARRIVAL
Monday, Day 2	9:00am-11:30am	Country and Project Induction
	12:00pm-1:00pm	LUNCH
	1:30pm-2:30pm	Language Lesson and Cultural Workshop
	6:30pm-8:00pm	WELCOME DINNER
Tuesday, Day 3	9:00am-12:00pm	Visit Royal Palace
	12:00pm-1:30pm	LUNCH
	1:30pm-4:00pm	Visit Silk Island
	6:30pm-8:30pm	DINNER
Wednesday Day 4	9:00am-12:00pm	Travel to Kampot/Kep and Visit Pepper Farm
	12:00pm-1:30pm	LUNCH
	1:30pm-4:00pm	Visit Salt Farm
	6:30pm-8:30pm	DINNER
Thursday Day 5	8:00am-12:00pm	Visit Bokor Mountains and Waterfall
	12:00pm-1:00pm	LUNCH
	2:00pm-5:00pm	Sunset River Cruise
	6:30pm-8:30pm	DINNER
Friday Day 6	9:00am-12:00pm	Return to Phnom Penh
	12:00pm-1:30pm	LUNCH
	1:30pm-2:30pm	Khmer Dance Class
	2:30pm-4:00pm	Visit Wat Phnom
	6:00pm-8:30pm	DINNER
Saturday Day 7	9:00am-12:00pm	Travel to Kampong Cham and Pottery Village
	12:00pm-1:30pm	LUNCH
	1:30pm-4:00pm	Visit Town and Wat Norkor
	5:00pm-8:30pm	DINNER

DAY NO.	TIME	ACTIVITY
Sunday Day 8	9:00am-12:00pm	Visit Bamboo Bridge and Island
	12:00pm-1:30pm	LUNCH
	1:30pm-4:00pm	Travel to Siem Reap
	6:00pm-8:30pm	DINNER AND NIGHT MARKET
Monday, Day 9	9:00am-12:00pm	Visit Angkor Wat
	12:00pm-1:30pm	LUNCH
	1:30pm-4:00pm	Visit Angkor Wat
	6:30pm-8:30pm	DINNER AND ASPARA DANCE SHOW
Tuesday, Day 10	9:00am-12:00pm	Visit Floating Village on Tonle Sap River
	12:00pm-1:30pm	LUNCH
	1:30pm-4:00pm	Visit Banteay Srey Butterfly Centre and Land Mine Museum
	6:30pm-8:30pm	DINNER
Wednesday Day 11	9:00am-12:00pm	Return to Phnom Penh
	12:00pm-1:30pm	LUNCH
	1:30pm-4:00pm	Visit to Russian Market
	6:30pm-8:30pm	DINNER AND TRADITIONAL PUPPET SHOW
Thursday Day 12	9:00am-12:00pm	Visit Toul Sleng
	12:00pm-1:30pm	LUNCH
	1:30pm-4:00pm	Visit Killing Fields
	6:30pm-8:30pm	DINNER
Friday Day 13	9:00am-12:00pm	Cambodian Cooking Class
	12:00pm-1:30pm	LUNCH
	1:30pm-4:00pm	Shopping at Local Food Market
	6:30pm-8:30pm	DINNER
Saturday Day 14	ALL DAY	DEPARTURE