

# Example Itinerary

## Care & Community in Kenya

\*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, needs of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the High School Special programmes.

DAY NO.	DAY	TIME	ACTIVITY
1	Sunday	ALL DAY	ARRIVAL
2	Monday	9:00am-12:00pm	Induction and Orientation
		12:30pm-1:30pm	LUNCH
		2:00pm-6:00pm	Tour of Nanyuki
		7:00pm-8:00pm	DINNER
3	Tuesday	8:00am-2:00pm	Care Work at care centre
		2:00pm-3:00pm	LUNCH
		3:00pm-6:00pm	Community Renovation Project
		7:00pm-8:00pm	DINNER
4	Wednesday	7:00am-12:00pm	Care Work at care centre
		12:30pm-1:30pm	LUNCH
		2:00pm-6:00pm	Community Renovation Project
		7:00pm-10:00pm	WEEKLY SOCIAL DINNER WITH ALL VOLUNTEERS
5	Thursday	8:00am-11:00am	Care Work at care centre
		12:00pm-1:00pm	LUNCH
		2:00pm-5:00pm	Community Renovation Project
		7:00pm-8:00pm	DINNER
6	Friday	8:00am-12:00pm	Community Renovation Project
		12:30pm-1:30pm	LUNCH
		2:00pm-4:30pm	Prepare for Safari Trip
		5:30pm-6:30pm	DINNER
7	Saturday	ALL DAY	Visit Lake Baringo
8	Sunday	ALL DAY	Visit Lake Nakuru National Park

DAY NO.	DAY	TIME	ACTIVITY
9	Monday	8:00am-12:00pm	Care Work at care centre
		12:30pm-1:30pm	LUNCH
		2:00pm-6:00pm	Community Renovation Project
		7:00pm-8:00pm	DINNER
10	Tuesday	8:00am-12:00pm	Care Work at care centre
		12:30pm-1:30pm	LUNCH
		2:00pm-6:00pm	Community Renovation Project
		7:00pm-8:00pm	KENYAN COOKING LESSON
11	Wednesday	8:00am-12:00pm	Care Work at care centres
		12:30pm-1:30pm	LUNCH
		2:00pm-6:00pm	Community Renovation Project
		7:00pm-8:00pm	DINNER
12	Thursday	8:00am-12:00pm	Goodbye Party with Care Placement
		12:30pm-1:30pm	LUNCH
		2:00pm-6:00pm	Community Renovation Project
		7:00pm-8:00pm	DINNER OUT AT LOCAL RESTAURANT
13	Friday	8:00am-12:00pm	Complete Community Project and Goodbye Ceremony
		12:30pm-1:30pm	LUNCH
		2:00pm-6:00pm	Souvenir shopping in local market
		7:00pm-9:00pm	FAREWELL DINNER WITH HOST FAMILY
14	Saturday	ALL DAY	Departure