

# Example Itinerary

## Care & Community in Ghana

\*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, needs of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the High School Special programmes.

DAY NO.	DAY	TIME	ACTIVITY
1	Saturday	ALL DAY	ARRIVAL
2	Sunday	9:00am-3:00pm	Travel to Akuapem Hills and Country Induction
		4:00pm-5:30pm	Project Workshop: Working with Children
		6:00pm-7:00pm	DINNER
3	Monday	8:00am-12:00pm	Paint Classrooms at Care Centre
		12:00pm-1:00pm	LUNCH
		1:30pm-4:00pm	Games and Activities with Children at Care Centre
		6:00pm-7:00pm	DINNER
4	Tuesday	8:00am-12:00pm	Paint Classrooms at Care Centre
		12:00pm-1:00pm	LUNCH
		1:30pm-4:00pm	Games and Activities with Children at Care Centre
		4:30pm-5:30pm	Drumming and Dance Lessons
		6:00pm-7:00pm	DINNER
5	Wednesday	8:00am-12:00pm	Paint Classrooms at Care Centre
		12:00pm-1:00pm	LUNCH
		1:30pm-4:00pm	Games and Activities with Children at Care Centre
		4:30pm-5:30pm	Quiz Night
		6:00pm-7:00pm	DINNER
6	Thursday	8:00am-12:00pm	Visit to Aburi Botanical Garden and Wood Market
		12:00pm-1:00pm	LUNCH
		1:30pm-4:00pm	Games and Activities with Children at Care Centre
		6:00pm-8:00pm	DINNER
7	Friday	8:00am-12:00pm	Paint Classrooms at Care Centre
		12:00pm-1:00pm	LUNCH
		1:30pm-4:00pm	Games and Activities with Children at Care Centre
		6:00pm-7:00pm	DINNER
8	Saturday	ALL DAY	Trip to Cape Coast
9	Sunday	ALL DAY	Visit to Kakum Forest and Beach

DAY NO.	DAY	TIME	ACTIVITY
10	Monday	8:00am-12:00pm	Paint Classrooms at Care Centre
		12:00pm-1:00pm	LUNCH
		1:30pm-4:00pm	Games and Activities with Children at Care Centre
		6:00pm-7:00pm	DINNER
11	Tuesday	8:00am-12:00pm	Paint Classrooms at Care Centre
		12:00pm-1:00pm	LUNCH
		1:30pm-4:00pm	Games and Activities with Children at Care Centre
		4:30pm-6:00pm	Cooking Lesson
		6:00pm-7:00pm	DINNER
12	Wednesday	8:00am-12:00pm	Paint Classrooms at Care Centre
		12:00pm-1:00pm	LUNCH
		1:30pm-4:00pm	Games and Activities with Children at Care Centre
		4:30pm-5:30pm	Quiz Night
		6:00pm-7:00pm	DINNER
13	Thursday	8:00am-12:00pm	Visit Bead Market in Koforidua
		12:00pm-1:00pm	LUNCH
		1:30pm-4:00pm	Games and Activities with Children at Care Centre
		6:00pm-7:00pm	DINNER
14	Friday	8:00am-12:00pm	Paint Classrooms at Care Centre
		12:00pm-1:00pm	LUNCH
		1:30pm-4:30pm	Games and Activities with Children at Care Centre
		6:00pm-8:00pm	FAREWELL DINNER
15	Saturday	ALL DAY	DEPARTURE