

Example Itinerary

Care & Community in Cambodia

*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, need of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the Middle School Specials.

DAY NO.	WEEKDAY	TIME	ACTIVITY
1	Saturday	8:00am	ARRIVAL IN PHNOM PENH
		12:00pm – 2:00pm	LUNCH
		2:00pm – 5:30pm	Visit Local Markets and Rest
		6:00pm – 7:00pm	WELCOME DINNER
2	Sunday	8:00am – 8:30am	BREAKFAST
		9:00am – 10:45am	Introduction to Cambodia and Programme
		11:00am – 11:30pm	Cultural Workshop and Khmer Language Lesson
		11:30am – 12:30pm	Visit TK Mall and Buy Snacks and Other Necessities
		1:00pm – 2:00pm	LUNCH
		2:00pm – 3:00pm	Introduction to Placement
		4:00pm – 5:00pm	Social Activity: Getting to Know Each Other
		7:00pm – 8:00pm	DINNER
3	Monday	7:00am – 7:30am	BREAKFAST
		9:00am – 12:00pm	Visit Placement and Explore Surrounding Area
		12:00pm – 1:00pm	LUNCH
		1:00pm – 2:00pm	Plan Lessons and Activities for Local Children
		2:00pm – 4:00pm	Environmental Education Activities
		7:00pm – 8:00pm	DINNER
4	Tuesday	7:00am – 7:30am	BREAKFAST
		9:00am – 12:00pm	Educational Activities with Children
		12:00pm – 1:00pm	LUNCH
		1:00pm – 2:00pm	Plan Lessons and Activities
		2:00pm – 4:00pm	Environmental Education Activities
		6:30pm – 7:30pm	DINNER
		7:30pm – 9:30pm	Night Bus Tour of Phnom Penh
5	Wednesday	7:00am – 7:30am	BREAKFAST
		9:00am – 12:00pm	Educational Activities with Children
		12:30pm – 2:00pm	LUNCH
		2:00pm – 5:00pm	Visit Royal Palace and Wat Langka
		7:00pm – 8:00pm	DINNER
6	Thursday	7:00am – 7:30am	BREAKFAST
		9:00am – 12:00pm	Educational Activities with Children
		12:00pm – 1:00pm	LUNCH
		1:00pm – 2:00pm	Plan Lessons and Activities
		2:00pm – 4:00pm	Environmental Education Activities
		6:00pm – 7:00pm	DINNER
		7:00am – 7:30am	BREAKFAST
7	Friday	9:00am – 12:00pm	Educational Activities with Children
		12:00pm – 1:00pm	LUNCH
		1:00pm – 2:00pm	Plan Lessons and Activities
		2:00pm – 4:00pm	Environmental Education Activities
		6:00pm – 7:00pm	DINNER
		7:30am – 8:00am	BREAKFAST
		08:00am	Departure from Phnom Penh for Siem Reap
8	Saturday	12:30pm – 1:00pm	LUNCH
		4:30pm – 5:00pm	Check in at Siem Reap Hotel
		6:00pm – 7:00pm	DINNER
		8:00pm – 9:30pm	Visit Night Market
		8:00am – 8:30am	BREAKFAST
		9:00am – 12:00pm	Temple Visit
9	Sunday	12:00pm – 1:30pm	LUNCH
		2:00pm – 4:30pm	Temple Visit
		6:30pm – 8:30pm	DINNER AND ASPARA DANCING SHOW

DAY NO.	WEEKDAY	TIME	ACTIVITY
10	Monday	9:00am – 10:00am	BREAKFAST
		10:00am	Departure to Phnom Penh
		12:30pm – 1:30pm	LUNCH
		5:00pm – 7:00pm	Check in at Phnom Penh Hotel
		7:00pm – 7:30pm	DINNER
		7:30pm – 8:30pm	Plan Lessons and Activities
11	Tuesday	7:00am – 7:30am	BREAKFAST
		9:00am – 12:00pm	Educational Activities with Children
		12:00pm – 1:00pm	LUNCH
		1:00pm – 2:00pm	Plan Lessons and Activities
		2:00pm – 4:00pm	Environmental Education Activities
		6:00pm – 8:00pm	DINNER
		8:30pm – 10:30pm	Movie Night: The Killing Fields
		12	Wednesday
9:00am – 12:00pm	Educational Activities with Children		
12:00pm – 1:00pm	LUNCH		
1:00pm – 2:00pm	Plan Lessons and Activities		
2:00pm – 4:00pm	Environmental Education Activities		
6:00pm – 7:00pm	DINNER		
7:30pm	Feedback Session		
13	Thursday	7:00am – 7:30am	BREAKFAST
		9:00am – 12:00pm	Educational Activities with Children
		12:00pm – 1:00pm	LUNCH
		1:00pm – 2:00pm	Plan Lessons and Activities
		2:00pm – 4:00pm	Environmental Education Activities
		6:00pm – 7:00pm	DINNER
		7:30pm	Feedback Session
14	Friday	7:00am – 7:30am	BREAKFAST
		7:30am	Depart from Hotel
		9:00am – 12:00pm	Placement Farewell Party with Children
		12:00pm – 1:00pm	LUNCH
		3:00pm – 4:30pm	Visit Russian Market
		7:00pm – 8:00pm	FAREWELL DINNER
15	Saturday	7:30am – 10:00am	BREAKFAST
		10:00am – 12:00pm	Prepare for Departure
		12:00pm – 1:30pm	LUNCH
		2:00pm	DEPARTURE