

Example Itinerary

Care & Community in Cambodia

*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, needs of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the 19+ Special programmes.

DAY NO.	DAY	TIME	ACTIVITY
1	Sunday	ALL DAY	ARRIVAL
2	Monday	8:00am-9:00am	BREAKFAST
		9:00am-12:00pm	Country Induction
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	City Tour
		4:00pm-6:00pm	Rest
		6:30pm-8:00pm	WELCOME DINNER
		8:00pm-9:30pm	Night Bus Tour
		3	Tuesday
9:00am-12:00pm	Project Induction and Introduction to Placement		
12:00pm-1:00pm	LUNCH		
1:00pm-4:00pm	Planning Activities		
4:00pm-6:00pm	Rest		
6:30pm-8:00pm	DINNER		
4	Wednesday	8:00am-9:00am	BREAKFAST
		9:00am-12:00pm	Activities with Children at Care Placement
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Activities with Children at Care Placement
		4:00pm-7:00pm	Sightseeing and Shopping
		7:00pm-8:00pm	DINNER
5	Thursday	8:00am-9:00am	BREAKFAST
		9:00am-12:00pm	Activities with Children at Care Placement
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Activities with Children at Care Placement
		4:00pm-7:00pm	Review and Plan Further Activities
		7:00pm-8:00pm	DINNER
6	Friday	8:00am-9:00am	BREAKFAST
		9:00am-12:00pm	Travel to Siem Reap
		12:00pm-1:00pm	LUNCH
		1:00pm-3:00pm	Arrive in Siem Reap
		6:00pm-9:00pm	DINNER AND ASPARA DANCE SHOW
7	Saturday	ALL DAY	Visit Angkor Wat
8	Sunday	ALL DAY	Return to Phnom Penh

DAY NO.	DAY	TIME	ACTIVITY
9	Monday	8:00am-9:00am	BREAKFAST
		9:00am-12:00pm	Activities with Children at Care Placement
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Activities with Children at Care Placement
		4:00pm-6:00pm	Review and Plan Further Activities
		7:00pm-8:00pm	DINNER
		8:00pm-10:00pm	Traditional Puppet Show
		10	Tuesday
9:00am-12:00pm	Activities with Children at Care Placement		
12:00pm-1:00pm	LUNCH		
1:00pm-4:00pm	Activities with Children at Care Placement		
4:00pm-6:00pm	Rest		
7:00pm-8:00pm	DINNER		
8:00pm-10:00pm	Movie Night		
11	Wednesday	8:00am-9:00am	BREAKFAST
		9:00am-12:00pm	Visit Toul Sleng
		12:00pm-1:00pm	LUNCH
		1:00pm-5:00pm	Visit Killing Fields and Wat Phnom
		6:30pm-8:00pm	DINNER
12	Thursday	8:00am-9:00am	BREAKFAST
		9:00am-12:00pm	Activities with Children at Care Placement
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Activities with Children at Care Placement
		4:00pm-6:00pm	Program Debriefing
		7:00pm-8:00pm	DINNER
13	Friday	8:00am-9:00am	BREAKFAST
		9:00am-12:00pm	Farewell Party with Children at Care Placement
		12:00pm-1:00pm	LUNCH
		1:00pm-5:00pm	Shopping and Visit to Royal Palace
		6:00pm-8:00pm	FAREWELL DINNER
		8:00pm-10:00pm	Visit Night Market
14	Saturday	ALL DAY	DEPARTURE