

Example Itinerary

Medicine in Peru

*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, needs of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the High School Special programmes.

DAY NO.	DAY	TIME	ACTIVITY
1	Sunday	ALL DAY	ARRIVAL
2	Monday	10:00am-1:00pm	Country Induction
		2:00pm-3:00pm	LUNCH
		3:30pm-6:00pm	Cusco City Tour
		7:00pm-8:00pm	DINNER
3	Tuesday	8:30am-1:30pm	Placement Induction
		2:00pm-3:00pm	LUNCH
		3:30pm-5:30pm	Spanish Class
		7:00pm-8:00pm	DINNER
4	Wednesday	8:30am-1:30pm	Shadow Doctor during Ward Rounds
		2:00pm-3:00pm	LUNCH
		3:30pm-5:30pm	Visit Qoricancha Museum
		7:00pm-8:00pm	DINNER
5	Thursday	8:30am-1:30pm	Assist in Admissions Process at Hospital
		2:00pm-3:00pm	LUNCH
		3:30pm-5:30pm	Spanish Class
		7:00pm-8:00pm	DINNER
6	Friday	8:30am-1:30pm	Observe Surgery
		2:00pm-3:00pm	LUNCH
		3:30pm-6:30pm	Visit Qenqo and Tambo Machay Ruins
		7:00pm-8:00pm	Traditional Music and Dance Activity
		8:00pm-9:00pm	DINNER
7	Saturday	ALL DAY	Visit Hot Springs in Aguas Calientes
8	Sunday	ALL DAY	Visit Machu Picchu

DAY NO.	DAY	TIME	ACTIVITY
9	Monday	8:30am-1:30pm	Shadow Medical Students
		2:00pm-3:00pm	LUNCH
		4:00pm-6:00pm	Local Diseases Workshop
		7:00pm-8:00pm	DINNER
10	Tuesday	8:30am-1:30pm	First Aid Workshop
		2:00pm-3:00pm	LUNCH
		3:30pm-5:30pm	Spanish Class
		7:00pm-8:00pm	DINNER
11	Wednesday	8:30am-1:30pm	Observe Emergency Room
		2:00pm-3:00pm	LUNCH
		4:00pm-6:00pm	Visit PISAQ Market
		7:00pm-8:00pm	DINNER
12	Thursday	8:30am-1:30pm	Shadow Doctor during Ward Rounds
		2:00pm-3:00pm	LUNCH
		3:30pm-5:30pm	Spanish Class
		7:00pm-8:00pm	DINNER
13	Friday	8:30am-1:30pm	Assist in Admissions Process at Hospital
		2:00pm-3:00pm	LUNCH
		4:00pm-6:00pm	Farewell Party
		7:00pm-8:00pm	DINNER
14	Saturday	ALL DAY	Departure