

Example Itinerary

Medicine in Mongolia

*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, needs of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the High School Special programmes.

DAY NO.	DAY	TIME	ACTIVITY
1	Sunday	ALL DAY	ARRIVAL
2	Monday	10:00am-12:30pm	Lecture on Medicine in Mongolia
		12:30pm-1:30pm	LUNCH AT LOCAL RESTAURANT
		2:00pm-6:00pm	Induction and Orientation
		6:00pm-8:00pm	MONGOLIAN BARBEQUE WELCOME DINNER
3	Tuesday	9:00am-12:30pm	Rounds at Primary Care Hospital
		12:30pm-2:00pm	LUNCH
		2:00pm-4:00pm	Rounds at District Hospital
		6:00pm-8:00pm	DINNER
4	Wednesday	9:00am-12:30pm	Rounds at Central Hospital
		12:30pm-1:30pm	LUNCH
		1:30pm-4:00pm	Clinical observation
		6:00pm-8:00pm	DINNER
5	Thursday	9:00am-12:00pm	Surgery
		12:00pm-1:30pm	LUNCH
		1:30pm-4:30pm	Visit Infant's Clinical Care Centre
		5:00pm-6:00pm	DINNER
		6:00pm-8:00pm	TRADITIONAL PERFORMANCE
6	Friday	9:00am-12:00pm	Taking vital signs
		12:00pm-2:00pm	LUNCH
		2:00pm-5:30pm	Care work at orphanage
		6:00pm-8:00pm	DINNER
7	Saturday	ALL DAY	Trip to Winter Palace and Zaisan Hill
8	Sunday	ALL DAY	Trip to Chingis Khan Statue and Terelj National Park

DAY NO.	DAY	TIME	ACTIVITY
9	Monday	9:00am-12:30pm	Rounds at Maternal and Paediatric Hospital
		12:30pm-2:00pm	LUNCH
		2:00pm-4:00pm	Deliveries
10	Tuesday	6:00pm-8:00pm	DINNER
		9:00am-12:30pm	Traditional Medicine Museum
		12:30pm-2:00pm	LUNCH
		2:00pm-5:30pm	Traditional Medicine Clinic
11	Wednesday	6:00pm-8:00pm	DINNER
		9:00am-12:30pm	Medical Outreach
		12:30pm-2:00pm	LUNCH
		2:00pm-4:00pm	Rounds at Central Hospital
12	Thursday	6:00pm-8:00pm	DINNER
		9:00am-12:00pm	Visit Mongolian Castle
		12:00pm-1:30pm	LUNCH
		1:30pm-3:00pm	Rounds at Private Hospital
		3:00pm-4:00pm	Visit National History Museum
		4:00pm-6:30pm	Visit Natural History Museum
13	Friday	6:30pm-8:00pm	DINNER
		9:00am-1:00pm	Visit Castle Mongolia
		1:00pm-2:00pm	LUNCH
		2:00pm-6:00pm	Souvenir shopping
		6:00pm-8:00pm	FAREWELL DINNER AT GREAT MONGOL RESTAURANT
14	Saturday	ALL DAY	Departure