

Example Itinerary

Care & Community in Vietnam

*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, needs of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the High School Special programmes.

DAY NO.	DAY	TIME	ACTIVITY
1	Sunday	ALL DAY	ARRIVAL
2	Monday	8:00am-12:00pm	Introduction & Orientation
		12:00pm-1:00pm	LUNCH
		1:00pm-5:00pm	Tour of Old Quarter
		7:00pm-8:00pm	DINNER
3	Tuesday	8:00am-12:00pm	Prepare materials
		12:00pm-1:00pm	LUNCH
		1:00pm-3:00pm	Care work at Friendship Village
		6:00pm-7:00pm	DINNER
		7:00pm-9:00pm	Reflection on work so far
4	Wednesday	8:00am-12:00pm	Care work at Friendship Village
		12:00pm-1:00pm	LUNCH
		1:00pm-5:00pm	Care work at Friendship Village
		7:00pm-8:00pm	DINNER
5	Thursday	8:00am-12:00pm	Painting playground
		12:00pm-1:00pm	LUNCH
		1:00pm-5:00pm	Painting playground
		7:00pm-8:00pm	DINNER
		8:00pm-10:30pm	Visit city centre
6	Friday	8:00am-12:00pm	Painting playground
		12:00pm-1:00pm	LUNCH
		1:00pm-5:00pm	Painting playground
		7:00pm-8:00pm	DINNER
7	Saturday	ALL DAY	Trip to Mai Chau Village
8	Sunday	ALL DAY	Visit museums and temples

DAY NO.	DAY	TIME	ACTIVITY
9	Monday	9:00am-12:00pm	Care work at Friendship Village
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Care work at Friendship Village
		6:00pm-8:00pm	DINNER
10	Tuesday	9:00am-12:00pm	Care work at Friendship Village
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Care work at Friendship Village
		6:00pm-7:00pm	DINNER
		7:00pm-9:00pm	Reflection on work so far
11	Wednesday	9:00am-12:00pm	Gardening project
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Care work at Friendship Village
		6:00pm-8:00pm	DINNER
12	Thursday	9:00am-12:00pm	Gardening project
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Care work at Friendship Village
		6:00pm-9:00pm	DINNER AND LOCAL DANCE PERFORMANCE
13	Friday	9:00am-12:00pm	Care work at Friendship Village
		12:00pm-1:00pm	LUNCH
		2:00pm-4:00pm	Care work at Friendship Village
		6:00pm-9:00pm	FAREWELL DINNER AT QUAN AN NGON RESTAURANT
14	Saturday	ALL DAY	Departure