

Example Itinerary

Conservation in Thailand

*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, needs of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the High School Special programmes.

DAY NO.	DAY	TIME	ACTIVITY
1	Sunday	ALL DAY	ARRIVAL
2	Monday	8:00am-12:00pm	Country Induction
		12:00pm-1:00pm	LUNCH WITH STAFF
		1:00pm-7:00pm	Ao Nang for diving orientation
		7:00pm-8:00pm	DINNER
3	Tuesday	8:00am-12:00pm	Dive courses
		12:00pm-1:00pm	LUNCH
		1:00pm-3:00pm	Dive courses
		6:00pm-7:00pm	DINNER
4	Wednesday	8:00am-12:00pm	Dive courses
		12:00pm-1:00pm	LUNCH
		1:00pm-5:00pm	Dive theory overview
		7:00pm-8:00pm	DINNER AT HOST FAMILY
5	Thursday	8:00am-12:00pm	Dive courses
		12:00pm-1:00pm	LUNCH
		1:00pm-5:00pm	Environmental Presentations
		7:00pm-8:00pm	PASSING DIVE COURSE CELEBRATION DINNER
6	Friday	8:00am-12:00pm	Visit Phuket Marine Biological Center for Turtle Rehabilitation Project
		12:00pm-1:00pm	LUNCH
		1:00pm-5:00pm	Educational tour of Aquarium and Shopping in Phuket
		7:00pm-8:00pm	DINNER
7	Saturday	ALL DAY	Visit Laying Buddha Temple and Tiger Cave Temple
8	Sunday	ALL DAY	Rest and Relax at Ao-Nang

DAY NO.	DAY	TIME	ACTIVITY
9	Monday	9:00am-12:00pm	Reforestation work
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Environmental Presentations and Reef Check Practice
		6:00pm-9:00pm	DINNER AND BEACH CINEMA NIGHT
10	Tuesday	9:00am-12:00pm	Reef Check Survey Practice Dives
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Debriefing and dive logs
		7:00pm-8:00pm	DINNER
11	Wednesday	9:00am-12:00pm	Dive Against Debris Survey Dives
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Debriefing, dive logs, and data entry
		6:00pm-9:00pm	DINNER AT NOODLE RESTAURANT
12	Thursday	9:00am-12:00pm	Reef Check Survey Dives
		12:00pm-1:00pm	LUNCH
		1:00pm-6:00pm	Debriefing, dive logs, and data entry
		7:00pm-8:00pm	DINNER
13	Friday	9:00am-12:00pm	Community Outreach Day
		12:00pm-1:00pm	LUNCH
		2:00pm-4:00pm	Community Outreach Day
		EVENING	FAREWELL DINNER
14	Saturday	ALL DAY	Departure