

Example Itinerary

Care & Community in Tanzania

*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, needs of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the High School Special programmes.

DAY NO.	DAY	TIME	ACTIVITY
1	Sunday	ALL DAY	ARRIVAL
2	Monday	8:00am-12:00pm	Country Induction
		12:00pm-1:00pm	LUNCH
		1:00pm-5:00pm	Placement induction
		7:00pm-8:00pm	DINNER
3	Tuesday	8:00am-12:00pm	Visit worksite and prepare work supplies and schedule
		12:00pm-1:00pm	LUNCH
		1:00pm-3:00pm	Swahili workshop
		6:00pm-8:00pm	DINNER
4	Wednesday	8:00am-12:00pm	Dormitory renovation project at care centre
		12:00pm-1:00pm	LUNCH
		1:00pm-5:00pm	Traditional drumming and dancing with children
		6:00pm-8:00pm	DINNER
5	Thursday	8:00am-12:00pm	Dormitory renovation project at care centre
		12:00pm-1:00pm	LUNCH
		1:00pm-5:00pm	Visit Maasai cultural centre
		6:00pm-8:00pm	DINNER
6	Friday	8:00am-12:00pm	Dormitory renovation project at care centre
		12:00pm-1:00pm	LUNCH
		1:00pm-5:00pm	Shopping for safari
		6:00pm-8:00pm	DINNER
7	Saturday	ALL DAY	Weekend Safari
8	Sunday	ALL DAY	Hiking

DAY NO.	DAY	TIME	ACTIVITY
9	Monday	9:00am-12:00pm	Dormitory renovation project at care centre
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Games and activities with children
		6:00pm-8:00pm	DINNER
10	Tuesday	9:00am-12:00pm	Dormitory renovation project at care centre
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Games and activities with children
		6:00pm-8:00pm	DINNER
11	Wednesday	9:00am-12:00pm	Cultural day and village visit
		12:00pm-1:00pm	TRADITIONAL LUNCH IN VILLAGE
		1:00pm-4:00pm	Waterfall walk, Coffee making, and local dancing and singing
		6:00pm-8:00pm	DINNER
12	Thursday	9:00am-12:00pm	Complete dormitory renovation project at care centre
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Games and activities with children
		6:00pm-8:00pm	DINNER AT LOCAL RESTAURANT
13	Friday	8:00am-12:00pm	Visit Maasai school
		12:00pm-1:00pm	LUNCH
		1:00pm-4:00pm	Shopping
		EVENING	PACKING AND LAST DINNER WITH HOST FAMILY
14	Saturday	ALL DAY	Departure